



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2019

Sporting Excellence in Karate

National Level

Lennon Horton

This is to certify that Lennon Horton is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Lennon competed at the highest level of British Karate in 2019 winning the medals and titles listed below:-

Championship Success - 7 Gold 5 Silver 4 Bronze

English National Kyu Grade Championships - 13th January, Leicester

Silver - Team Kata

Bronze - Individual Kata

Yorkshire Open Championships - 10th February, Barnsley

Silver - Individual Kata

Shindo Kai Championships - 24th March, Barnsley

Gold - Team Kata

Gold - Pairs Kata

Bronze - Individual Kata

Shindo Kai Grass Roots Championships - 30th June, Barnsley

Silver - Team Kumite

Silver - Team Kata

Bronze - Pairs Kata



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Wado UK Championships - 1st September, Hull

Gold - Team Kata
Gold - Pairs Kata

North East Open Championships - 20th October, Sunderland

Silver - Individual Kata

Shindo Kai Championships - 17th November, Barnsley

Gold - Team Kumite
Gold - Team Kata
Gold - Pairs Kata
Bronze - Individual Kata

Congratulations on your outstanding sporting achievements throughout 2019. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Lennon.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy

